

September

2026

St. Mary's Health Care Center

4th and 5th Floor Units

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Out of Sight Its's a 70's September 	October Fest September 19th Thru October 4th 	1 9:30 Morning Greetings and Daily Chronicles 10:00 Room Visits 10:30 Mass 10:45 1:1 Visits 11:00 Rosary 12:30 Mail Delivery 1:15 1:1 Visits 2:00 Easy Word Games4 2:00 Yummy Bingo 5 3:00 End of Day Visits	2 9:30 Morning Greetings and Daily Chronicles 10:00 Jolly Jills MDR 10:30 Spanish Bible Study 4th FL 11:30 1:1 Visits on 5 12:30 Mail Delivery 1:30 Grace Community Church 4th FL 2:30 Target Toss/Ladder Golf 4 2:30 Word Games With Clarissa 5 3:15 Spanish Worship Service 4 3:30 End of Day Visits	3 End of Summer BBQ 9:30 Morning Greetings and Daily Chronicles 10:00 Room Visits 10:30 Bible Study 10:30 Stretching with Music and Games 4 12:30 Mail Delivery 1:15 1:1 Visits 11:00 Rosary 12:15 BBQ MDR 1:15 1:1 Visits 2:00 Vietnamese Church Service4 2:00 Umbrella Game 4 2:00 Table Bowling 5 3:00 End of Day Visits	4 9:30 Morning Greetings and Daily Chronicles 10:00 Room Visits 10:30 Bible Study 10:30 Stretching with Music and Games 4 12:30 Mail Delivery 1:15 1:1 Visits 2:00 Ice Cream Sundae Cart 4,5 3:00 End of Day Visits	5 9:30 Morning Greetings and Daily Chronicles 10:00 Room Visits 10:30 Coffee Cart 12:30 Mail Delivery 1:15 1:1 Visits 2:00 Bingo Game 5 2:00 Movie 5 3:00 End of Day Visits
6 9:30 Morning Meeting and Daily Chronicles 10:00 Room Visits 10:30 Coffee Cart 1:00 1:1 Visits 2:00 Bingo 4 2:00 Movie 2:00 Mass 3:15 Spanish Worship Service 4 3:30 End of Day Visits	7 Labor Day 9:30 Morning Greetings and Daily Chronicles 10:00 Room Visits 10:30 Stretching with Music and Games 4 10:30 Word Games 5 12:30 Mail Delivery 1:15 1:1 Visits 2:00 Noodle Ball 4 2:00 Ladder Golf/Target Toss 5 3:00 End of Day Visits	8 9:30 Morning Greetings and Daily Chronicles 10:00 Room Visits 10:30 Mass 10:45 1:1 Visits 4,5 11:00 Rosary 12:30 Mail Delivery 1:15 1:1 Visits 2:00 Umbrella Game 4 2:00 Left Right Center5 3:00 End of Day Visits	9 9:30 Morning Greetings and Daily Chronicles 10:00 Room Visits 10:30 Stretching with Music and Games4 10:30 Armchair Exercise5 11:00 Ladder Golf5 12:30 Mail Delivery 1:15 1:1 Visits 4,5 2:00 Easy Word Games4 2:00 Bingo Game 5 3:00 End of Day Visits 8:20 Seahawks vs Patriots	10 9:30 Morning Greetings and Daily Chronicles 10:00 Room Visits 10:30 Mass 10:45 1:1 Visits 11:00 Rosary 12:30 Mail Delivery 12:30 Ice Cream Truck 3,4 and 5 by Salmon Hospice 1:15 1:1 Visits 4,5 1:30 Resident Council Meeting 5 2:00 Yummy Bingo 4 2:30 Painting Ceramic Pumpkin Bowls.5 3:00 End of Day Visits	11 Patriots Day Morning Greetings and Daily Chronicles 10:00 Room Visits 10:30 Bible Study 10:30 Stretching with Music and Games 4 12:30 Mail Delivery 1:15 1:1 Visits 2:00 Listening to 1970's Hits 4 2:00 1970's Trivia 5 3:00 End of Day Visits	12 Rosh Hashanah 9:30 Morning Greetings and Daily Chronicles 10:00 Room Visits 10:30 Coffee Cart 12:30 Mail Delivery 1:15 1:1 Visits 2:00 Movie 4 2:00 Yummy Bingo5 3:00 End of Day Visits
13 Grandparents Day 9:30 Morning Greetings and Daily Chronicles 10:00 Room Visits 10:30 Coffee Cart 1:00 1:1 Visits 5 2:00 Bingo 4 2:00 Movie 5 2:00 Mass 3:15 Spanish Worship Service 4 3:00 End of Day Visits	14 9:30 Morning Greetings and Daily Chronicles 10:00 Room Visits 10:30 Stretching with Music and Games 4 10:30 Armchair Exercise5 11:00 Target Toss5 12:30 Mail Delivery 1:15 1:1 Visits 2:00 Adult Coloring4 2:00 Pokeno 5 3:00 End of Day Visits	15 9:30 Morning Greetings and Daily Chronicles 10:00 Room Visits 10:30 Mass 10:45 1:1 Visits 4,5 11:00 Rosary 12:30 Mail Delivery 1:15 1:1 Visits 4,5 2:30 Country Music with Tim Barrett 3:30 End of Day Visits	16 9:30 Morning Greetings and Daily Chronicles 10:00 Room Visits 10:30 Musical Entertainment by Salmon Hospice 10:30 Spanish Bible Study 4 2:00 Yummy Bingo4 2:00 Manicures5 3:15 Spanish Worship Service 4	17 Breakfast Club 9:30 Morning Greetings and Daily Chronicles 10:00 Room Visits 10:30 Mass 10:45 1:1 Visits 4 11:00 Rosay 12:30 Mail Delivery 1:15 1:1 Visits 2:00 Noodle Ball 4 2:00 Yummy Bingo 5 3:00 End of Day Visits	18 9:30 Morning Greetings And Daily Chronicles 10:00 Room Visits 10:30 Stretching with Music and Games 10:30 Bible Study5 12:30 Mail Delivery 1:15 1:1 Visits 2:00 Ladder Golf/Target Toss 4 2:00 Jeopardy Trivia 5 3:00 End of Day Visits	19 9:30 Morning Greetings and Daily Chronicles 10:00 Room Visits 10:30 Coffee Cart 12:30 Mail Delivery 1:15 1:1 Visits 2:00 Movie 4 2:00 Bingo 5 3:00 End of Day Visits
20 9:30 Morning Greetings And Daily Chronicles 10:00 Room Visits 10:30 Coffee Cart 1:30 1:1 Visits5 2:00 Bingo 4 2:00 Mass 2:00 Movie 5 3:15 Spanish Worship Service 4 3:30 End of Day Visits 1pm Patriots VS Steelers	21 Yom Kippur 9:30 Morning Greetings and Daily Chronicles 10:00 Room Visits 10:30 Stretching with Music and Games 4 10:00 Armchair Exercise5 11:00 Table Bowling 5 12:30 Mail Delivery 1:15 1:1 Visits 4,5 2:00 Noodle Ball 4 2:00 Bingo Game 5 3:00 End of Day Visits	22 1st Day Of Fall 9:30 Morning Greetings and Daily Chronicles 10:00 Room Visits 10:30 Mass 10:45 1:1 Visits 4 and 5 11:00 Rosary 12:30 Mail Delivery 1:15 1:1 Visits 4,5 2:00 Hot Drinks with Donuts Cart 4,5 3:30 End of Day Visits	23 9:30 Morning Greetings and Daily Chronicles 10:00 Room Visits 10:30 Stretching with Music and Games 4 10:30 Armchair Exercise5 11:00 Ringo Toss 5 12:30 Mail Delivery 1:15 1:1 Visits 4,5 1:30Food Committee Meeting 5th FL 2:30 Ted Powers Entertains MDR 3:30 End of Day Visits	24 9:30 Morning Greetings and Daily Chronicles 10:00 Room Visits 10:30 Mass 10:45 1:1 Visits 4 10:45 Table Games 5 12:30 Mail Delivery 1:15 1:1 Visits 4,5 2:00 Baking Group 4 2:30 Fall Craft 5 Hello fall and Squirrel and Acorns Sign 3:00 End of Day Visits	25 9:30 Morning Greetings and Daily Chronicles 10:00 Room Visits 10:30 Stretching with Music and Games 4 10:30 Armchair Exercise5 11:00 Target Toss5 12:30 Mail Delivery 1:15 1:1 Visits 4,5 2:30 Monthly Birthday Party starring Tony D'eramo MDR 3:30 End of Day Visits	26 9:30 Morning Greetings and Daily Chronicles 10:00 Room Visits 10:30 Coffee Cart 12:30 Mail Delivery 1:15 1:1 Visits 2:00 Movie 4 2:00 Yummy Bingo 5 3:00 End of Day Visits
27 9:30 Morning Greetings And Daily Chronicles 10:00 Room Visits 10:30 Coffee Cart 1:30 1:1 Visits5 2:00 Bingo 4 2:00 Mass 2:00 Movie 5 3:30 End of Day Visits 1pm Jaguars VS Patriots	28 9:30 Morning Greetings and Daily Chronicles 10:00 Room Visits 10:30 Stretching with Music and Games 4 10:30 Armchair Exercise5 11:00 Ladder Golf5 12:30 Mail Delivery 1:15 1:1 Visits 2:00 Table Bowling 4 2:00 Left Right Center5 3:00 End of Day Visits	29 9:30 Morning Greetings and Daily Chronicles 10:00 Room Visits 10:30 Mass 10:45 1:1 Visits 11:00 Rosary 12:30 Mail Delivery 1:15 1:1 Visits 4,5 2:30 A Funky 70's Shindig Staring Kevin Wolfe MDR 3:30 End of Day Visits	30 9:30 Morning Greetings and Daily Chronicles 10:00 Room Visits 10:30 Stretching with Music and Games 4 10:30 Armchair Exercise 10:30 Spanish Bible Study 4th Fl 12:30 Mail Delivery 1:15 1:1 Visits 4,5 2:00 Yummy Bingo 4 2:00 Celebrating Octoberfest with a Game 5 3:00 End of Day Visits	Activities are Subject to change to Meet the Needs of our Residents. Key 4= 4th Fl 5=5th Fl MDR= Main Dining Room	Unless otherwise noted all Religious Services take place in the Chapel on the 1st floor	Baking and Decorating Month FootBall Month Better Breakfast Month Potato Month Honey Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		10:00 Daily chronicles 10:30 Mass 11:00 Rosary 1:00 Relax music 2:00 Bowling 3:00 Table games 4:00 Trivia Fun 5:00 music/Set up 7:00 movie	10:00 Daily Chronicles 10:30 Stretching to Music 11:00 Relax Music 1:00 Ring Toss 1:00 Soft music 2:00 Memory Games 3:00 Story Telling 4:00 Trivia 5:00 Set Up/MUSIC 7:00 Movie	10:00 Daily chronicles 10:30 mass 11:00 Rosary 1:00 Soft Music 2:00 Manicures 3:00 Trivia Fun 4:00 Table Games 5:00 Music set up 7:00 movie/MUSIC	10:00 Daily Chronicles 10:30 Sit and be fit 11:00 Refreshment's 1:00 Table Games 2:00 Card Games 3:00 Sensory/Tactile 4:00 Sing Along 5:00 Set Up 7:00 music/Movie	10:00 Daily Chronicles 10:30 Table Games 11:00 Snacks 1:00 Soft Music 2:00 Hand Massages 3:00 Memory Games 4:00 Short Story 5:00 Set Up 7:00 Movie/MUSIC
10:00 Daily Chronicles 10:30 Sit and Get Fit 11:00 Table Games 1:00 Soft Music 2:00 Mass 3:00 Refreshments 4:00 Sing Along 5:00 Set Up with Music 7:00 movies	10:00 Daily Chronicles 10:30 Coffee Card 11:00 Stretching with Music 1:00 Soft Music 2:00 Manicures 3:00 Coloring 4:00Puzzles 5:00 Set Up 7:00 Movie Labor Day	10:00 Daily Chronicles 10:30 Mass 11:00 snacks 1:00 Relax Music 2:00 Mass 3:00 Bingo 4:00 Table Games 5:00 Music Set Up 7:00 Movie	10:00 Stretching 10:30 daily Chronicles 11:00 Dominos 1:00 Soft Music 2:00 Goody Cart 3:00 Walking Group 4:00 Table Games 5:00 Set Up/ Music 7:00 Movie	10:00 Mass 10:30 Daily Chronicles 11:00 snacks 1:00 Soft Music 2:00 Parachute 3:00 Walking Group 4:00 Sensory 5:00 Set/Up 7:00 movie	10:00 Daily Chronicles 10:30 Let get Moved 11:00 snacks 1:00 SOFT music 2:00 Game A to Z 3:00 Table Games 4:00 Sing Along 5:00 Set Up/Music 7:00 Movie Rosh Hashanah Begins	10:00 Daily Chronicles 10:30 Table Play 11:00 Snacks 1:00 Reminisce 2:00 Sensory Stimulation 3:00 Card Games 4:00 Social Hours 5:00 Set Up/Music 7:00 music/MOVIE
10:00 Tabletop Games 10:30 Coffee Cart 11:00 Strech 1:00 Soft Music 2:00 Mass 3:00 Coloring/Puzzles 4:00 Table Ball 5:00 Set Up/Music 7:00 Movie Grandparents Day	10:00 Table Games 10:30 Coffee Cart 11:00 Outdoor View 1:00 Soft Music 2:00 Art Therapy 3:00 Busy Hand 4:00 Puzzles 5:00 Set Up/Music 7:00 Movies	10:00 Daily Chronicles 10:30 Mass 11:00 Name 5 1:00 September Trivia 2:00 Paint Exercises 3:00 Fancy Nails 4:00 Table Fingers 5:00 Set Up/Music 7:00 Movies	10:00 Daily Chronicles 10:30 Sandbags 11:00 Story Telling 1:00 Social Hour 2:00 Fancy Nails 3:00 Chair EXE 4:00 All About Me 5:00 Set Up/Music 7:00 Movie	10:00 daily Chronicles 10:30 Mass 11:00 Soft Music/Snacks 1:00 Story Telling 2:00 Match Trivia 3:00 Game Hour 4:00 Busy Hand 5:00 Set Up/Music 7:00 Movie	10:00 table games 10:30 daily chronicles 11:00 Snacks 1:00 Get Fit 2:00 Noodle Ball 3:00 Coloring 4:00 Puzzles 5:00 Set UP /Music 7:00 Movie	10:00 Board Games 10:30 Coloring 11:00 Sit And Fit 1:00 Memory Games 2:00 Hand Massage 3:00 snacks 4:00 Favorite Story 5:00 Set Up /Music 7:00 Movie Oktoberfest Begins
10:00 Daily Chronicles 10:30 Snacks 11:00 Table Ball 1:00 Soft Music 2:00 Mass 3:00 Sensory Games 4:00 Crossword 5:00 Set Up/Music 7:00 Movie Yom Kippur Begins	10:00 Gentle Strech 10:30 Reading Club 11:00 snacks 1:00 Ballon Toss 2:00 Manicures 3:00 Massages 4:00 Busy Hands 5:00 Set Up /Music 7:00 Music/Movie	10:00 Daily Chronicles 10:30 Mass 11:00 Nail/Massage 1:00 Dominos 2:00 Name 5 3:00 All About Me 4:00 Card Games 5:00 Set Up/Music 7:00 Music/Movie Autumn Begins	10:00 Target Games 10:30 Daily Chronicles 11:00 snacks 1:00 Board Games 2:00 Table Bowling 3:00 Walk We Me 4:00 Brain Cinema 5:00 Set Up/Music 7:00 Movie	10:00 Daily Exercises 10:30 Mass 11:00 Snacks 1:00 Dominos 2:00 Noodle Balls 3:00 Refreshment's 4:00 Story Telling 5:00 set up/MUSIC 7:00 Movie	10:00 Tabletop Games 10:30 Daily CHRONICLES 11:00 SNACKS 1:00 relax hour 2:00 Finish the Song 3:00 Table play 4:00 Card Games 5:00 Set Up/Music Sukkot Begins	10:00 Coffee Cart 10:30 Table Games 11:00 Massages 1:00 Memory Games 2:00 Ring Toss 3:00 Ballon Toss 4:00 Reminiscing 5:00 Set Up /Music 7:00 Movie
10:00 Daily Chronicle 10:30 Snacks 11:00 Chair Strech 1:00 Soft Music 2:00 Mass 3:00 Sensory Table Games 4:00 Coloring 5:00 Set Up/Music 7:00 Movies	10:00 Daily Chronicles 10:30 KICK ball 11:00 trivia 1:00 Brain EXERCISES 2:00 Bingo 3:00 Busy Hand Fest 4:00 Short Story 5:00 Set Up /Music 7:00 Movie	10:00 Stretching 10:30 Mass 11:00 Parachute 1:00 Soft Music 2:00 Bowling 3:00 Puzzles 4:00 Move Those LEGS 5:00 Set Up /Music 7:00 Movie	10:00 Table Finger 10:30 Let Get Moving 11:00 Card Games 1:00 Sensory Table Games 2:00 Games A TO z 3:00 Parachute 4:00 Fancy Nails 5:00 Set Up /Music 7:00 Movies	 September 2026		