



At A Glance





Restoring Individual Independence

At St. Mary Health Care Center our residents and our mission are at the center of everything we do. Beyond providing exceptional short-term and long-term skilled nursing care, physical therapy, occupational therapy, speech therapy, strength training, pain management and memory care our caring nursing and spiritual care teams offer an engaged, full-life to all those we serve. Holistic, compassionate, nurturing care givers are sensitive to resident personal needs – physical, emotional and spiritual. An engaged life, excellent food, kind-hearted staff and a warm, enriching environment for you and your family throughout any length of stay.

Experience the difference our faith-based commitment to honor those we care for and work with at St. Mary Health Care Center will make.

Rely on us when you need us the most.

Program and Services

Art, Music, and Pet Therapies

Chaplain and Spiritual Care

Complex Wound Care

IV therapy

Memory Care with Namaste Spa

Pain Management

Physical, Occupational and Speech Therapy

Short Stay Respite Care

Strengthening Program





St. Mary Health Care Center is a member of Covenant Health, New England's largest non-profit post-acute care provider. Our Worcester, Mass. community is committed to a compassionate ministry of holistic and innovative care that nurtures its residents' overall well-being. The center is a 124-bed skilled nursing center that offers compassionate, individualized short- and long-term skilled nursing, rehabilitation, respite services and palliative care, while ensuring its residents' physical, emotional, social and spiritual needs are met. St. Mary Health Care Center also offers a certified memory care unit devoted to residents with Alzheimer's disease, Parkinson's disease and other memory care related conditions.

Covenant Health is an innovative, Catholic regional healthcare system and a leader in values-based, notfor-profit health and elder care. Covenant's family of organizations includes hospitals, skilled nursing and rehabilitation centers, assisted living, independent senior residences and adult day care organizations throughout New England and Pennsylvania. Covenant Health is fully committed to offering a continuum of high-quality, compassionate care to the individuals and communities we serve. Please visit covenanthealth.net to learn more about us or to review a list of associated locations.



