

## 3<sup>rd</sup> Floor Activities

Monday March 23, 2020

### Calendar Updates

- 10:00 – 11:00 FDR Upper/Lower Exercises
- 10:00 – 11:00 BDR Head Shoulders Knees and Toes
- 11:00 – 11:30 FDR/BDR Refreshments
- 11:30 – 12:00 FDR Let's Talk Spring
- 11:30 – 12:00 BDR Finish the Phrase
- 1:00 – 2:00 FDR Discussion/ Favorite Easter Traditions/Alison
- 1:00 – 2:00 BDR Let's Talk Spring with Patti
- 2:00 – 3:00 FDR Let's Stretch with Alison
- 2:00 – 3:00 BDR Move to the Music with Patti
- 3:00 – 4:00 FDR Holy Hour with Alison on Channel 18 EWTN
- 3:00 – 4:00 BDR Rosary with Patti
- 4:00 – 5:00 FDR Sing-a-Long with Alison
- 4:00 – 4:45 BDR Let's Sing with Patti
- 5:00 – 6:00 FDR Exercises with Alison/Setup for Supper
- 6:00 – 7:00 Supper
- 7:00 – 8:00 Game Shows with Alison

If you would like to speak with our Ombudsman, please find a staff member to help assist with calling.



## 3<sup>rd</sup> Floor Activities

Tuesday March 24, 2020

### Calendar Updates

- 10:00 – 11:00 FDR Morning Exercise with Nancy
- 10:00 – 11:00 BDR Movement to Music with Patti
- 11:00 – 11:30 FDR/BDR Refreshments
- 11:30 – 12:00 FDR Finish the Phrase with Nancy
- 11:30 – 12:00 BDR Brain Trivia with Patti
- 1:00 – 2:00 FDR Reminisce with Nancy
- 1:00 – 2:00 BDR Let's Talk Easter with Patti
- 2:00 – 3:00 FDR Rockin' to the 50's with Nancy
- 2:00 – 3:00 BDR Movement to Music with Patti
- 3:00 – 4:00 FDR Holy Hour with Nancy on Channel 18 EWTN
- 3:00 – 4:00 BDR Rosary with Patti
- 4:00 – 5:00 FDR Sing-a-Long with Nancy
- 4:00 – 4:45 BDR Eldersong with Patti
- 5:00 – 6:00 FDR Exercises with Nancy/Setup for Supper
- 6:00 – 7:00 Supper
- 7:00 – 8:00 Game Shows with Nancy

If you would like to speak with our Ombudsman, please find a staff member to help assist with calling.