Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Daily Chronicles 10:30 Tabletop Games 11:00 Refreshments 1:00 Soft Music 2:00 Holy Mass 3:00 Busy Hands 4:00 Short Story 5:00 Set Up/Music 7:00 Music/Movie Daylight Saving Time Ends	2 10:00 Daily Chronicles 10:30 Coffee Cart 11:00 Chair Exercises 1:00 Soft Music 2:00 Hands Massages 3:00 Coloring 4:00 Table Games 5:00 Set Up/Music 7:00 Music/Movie	3 10:00 Daily Chronicles 10:30 Holy Mass 11:00 Rosary 1:00 Softs Music 2:00 Parachute 3:00 Cards Games 4:00 Chair Exercises 5:00 Set Up/MUSIC 7:00 Music/Movie	4 10:00 Daily Chronicles 10:30 Chair Exercises 11:00 Refreshments 1:00 Soft Music 2:00 Memory Games 3:00 Sensory/Tactiles 4:00 Trivia 5:00 Set Up/Music 7:00 Music/Movie	5 10:00 Daily Chronicles 10:30 Holy Mass 11;00 Rosary 1:00 Soft Music 2:00 Noodle Ball 3:00 Story Telling 4:00 Social Hour 5:00 Set Up/Music 7:00 Music/Movie	6 10:00 Daily Chronicles 10:30 Sit and Get Fit 11:00 Snacks 1:00 Soft Music 2:00 Hand massages 3:00 Sensory/Tactile 4:00 Busy Hands 5:00 Set Up/Music 7:00 Music/Movie	7 10:00 Daily Chronicles 10:30 Table Games 11:00 Refreshment's 1:00 Soft Music 2:00 Table Ball 3:00 Pretty Nails 4:00 Short Story 5:00 Set Up/Music 7:00 Music/Movie
8 10:00 Daily Chronicles 10:30 Tabletop Games 11:00 Refreshment's 1:00 Soft Music 2:00 Holy Mass 3:00 Sensory/Tactile 4:00 Busy Hands 5:00 Set Up/Music 7:00 Movie Diwali (Hindi)	9 10:00 Daily Chronicles 10:30 Stretching 11:00 Refreshments 1:00 Soft Music 2:00 Manicures 3:00 Colorings 4:00 Puzzles 5:00 Set Up/Music 7:00 Movie/Music	10 10:00 Daily Chronicles 10:30 Holy Mass 11:00 Morning Exercises 1:00 Soft Music 2:00 Ballon Toss 3:00 Snacks 4:00 Busy Hands 5:00 Set Up/Music 7:00 Music/Movie	11 10:00 Daily Chronicles 10:30 Chair Exercises 11:00 Refreshment's 1:00 Soft Music 2:00 Parachutes 3:00 Busy Hands 4:00 Table Bowling 5:00 Set Up/Music Veterans Day Remembrance Day (Canada)	12 10:00 Daily Chronicles 10:30 Holy Mass 11:00 Rosary 1:00 Soft Music 2:00 Dominos 3:00 Card Games 4:00 Sensory Games 5:00 Set Up/Music 7:00 Movie/Music	13 10:00 Daily Chronicles 10:30 Chair Exer 11:00 Refreshment's 1:00 Name 10 2:00 Hand Massages 3:00 Table Games 4:00 Sensory Games 5:00 Set Up/Music 7:00 Movie/Movie	14 10:00 Daily Chronicles 10:30 Table Games 11:00 Snacks 1:00 Soft Music 2:00 Noodle Ball 3:00 Social Hour 4:00 Table Games 5:00 Set Up/Music 7:00 Music/Movie
15 10:00 Daily Chronicles 10:30 Tabletop Games 11:00 Snacks 1:00 Soft Music 2:00 Holy Mass 3:00 Crossword 4:00 Sensory Games 5:00 Set Up/Music 7:00 Movie/Music	16 10:00 Daily Chronicles 10:30 Moving to Music 11:00 Snacks 1:00 Soft Music 2:00 Bowling 3:00 Memory Games 4:00 Busy Hands 5:00 Set Up/Music 7:00 Movie/Music	17 10:00 Daily Chronicles 10:30 Holy Mass 11:00 Rosary 1:00 Soft Music 2:00 Afternoon Strech 3:00 Name 10 4:00 Favorite Cake 5:00 Set Up/Music 7:00 Music/Movie	18 10:00 Daily Chronicles 10:30 Chair Exer 11:00 Snacks 1:00 Soft Music 2:00 Manicures 3:00 Massages 4:00 Busy Hands 5:00 Set Up/Music 7:00 Movie/Music	19 10:00 Daily Chronicles 10:30 Holy Mass 11:00 Rosary 1:00 Soft Music 2:00 Noodle Ball 3:00 Coloring 4:00 Puzzles 5:00 Set Up/Music 7:00 Music/Movie	20 10:00 Daily Chronicles 10:30 Table Games 11:00 Snacks 1:00 Soft Music 2:00 Coloring 3:00 Chair Exer 4:00 NOV/Trivia 5:00 Set Up/Music 7:00 Movie/Music	21 10:00 Daily Chronicles 10:30 Table Games 11:00 Snacks 1:00 Let Strech 2:00 Table Ball 3:00 Coloring 4:00 Short Story 5:00 Set Up/Music 7:00 Movie/Music
22 10:00 Daily Chronicles 10:30 Table Games 11:00 Soft Music 1:00 Soft Music 2:00 Holy Mass 3:00 Memory Games 4:00 Snacks 5:00 Set Up/Music 7:00 Music/Movie	23 10:00 Daily Chronicles 10:30 Coffee Cart 11:00 Chair Exercises 1:00 Soft Music 2:00 Finish the Phrase 3:00 November Art 4:00 Popcorn Toss 5:00 Set Up/Music 7:00 Movie/Music	24 10:00 Daily Chronicles 10:30 Old Saying 11:00 Refreshment's 1:00 Soft Music 2:00 Ring Toss 3:00 Card Games 4:00 Puzzles 5:00 Set Up/Music 7:00 Music/Movie	25 10:00 Daily Chronicles 10:30 Sit and Get Fit 11:00 Snacks 1:00 Soft Music 2:00 Parachute 3:00 Sing-along 4:00 Ballon Toss 5:00 Set up/Music 7:00 Movie/Music	26 10:00 Daily Chronicles 10:30 Holy Mass 11:00 Rosary 1:00 Soft Music 2:00 Dominos 3:00 Card Games 4:00 Sensory Games 5:00 Set Up/Music 7:00 Movie/Music Thanksgiving Day (U.S.)	27 10:00 Daily Chronicles 10:30 Busy Hands 11:00 Refreshment's 1:00 Soft Music 2:00 Hand Massage 3:00 Sensory/Tactile 4:00 Coloriung/Puzzles 5:00 Set Up/Music 7:00 Music/Movie	28 10:00 Daily Chronicles 10:30Table Games 11:00 Refreshment's 1:00 Soft Music 2:00 Noodle Ball 3:00 Card Games 4:00 Memory Cards 5:00 Set Up/Music 7:00 Music/Movie
29 10:00 Daily CHRONICLES 10:30 Table Games 11:00 Refreshment's 1:00 Soft Music 2:00 Holy Mass 3:00 Coloring 4:00 Social Hour 5:00 Set Up/Music 7:00 Music/Movie	30 10:00 Daily Chronicles 10:30 Busy Hands 11:00 Snacks 1:00 Soft Music 2:00 Dominos 3:00 Trivia 4:00 Table Games 5:00 Set Up/Music 7:00 Movie/Music					

ST MARYS HEALTH CARE 3 FLOOR MEMORY CARE ACTIVITIES ARE TO CHANGE TO MEET THE NEEDS OF OUR RESIDENTS: