

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
				10:00 Daily chronicles 10:30 Mass 11:00 Table Games 1:00 Soft Music 2:00 Bingo 3:00 Puzzles 4:00 Refreshments 5:00 Music /Set Up 7:00 Movie/Music	10:00 Tabletop Activity's 10:30 Daily Chronicles 11:00 Snacks 1:00 Soft Music 2:00 Hand Massage 3:00 Pretty Nails 4:00 Music 5:00 Table Set Up/DINNER 7:00 Movie	10:00 Daily Chronicles 10:30 Sit and Be Fit 11:00 Refreshment's 1:00 Soft Music 2:00 Table Ball 3:00 Soft Music 4:00 Short Stories 5:00 Set Up /Dinner 7:00 Movie Simchat Torah Begins
10:00 Daily Chronicles 10:30 Tabletop Games 11:00 Pretty Nails 1:00 Soft Music 2:00 Mass 3:00 Short Story 4:00 Busy Hands 5:00 Set Up/Music 7:00 Movie	10:00 Daily Chronicles 10:30 Coffee Cart 11:00 Refreshments 1:00 Soft Music 2:00 Manicures 3:00 COLORING/Puzzles 4:00 Table Games 5:00 Set Up/Music 7:00 Music	10:00 Daily Chronicles 10:30 Mass 11:00 rosary 1:00 Soft Music 2:00 Card Games 3:00 Chair Exercises 4:00 table Finger 5:00 Set Up/Music 7:00 Movie	10:00 Daily Chronicles 10:30 Exercises 11:00 Refreshments 1:00 Soft Music 2:00 Memory Games 3:00 Sensory/Tactile 4:00 Trivia 5:00 Set Up/Music 7:00 Movie	10:00 Daily Chronicles 10:30 Mass 11:00 Rosary 1:00 Social Hours 2:00 Noodle Ball 3:00 Game Hour 4:00 Story Telling 5:00 Set Up/Music 7:00 Movie	10:00 Daily Chronicles 10:30 Sit and Get Fit 11:00 Refreshments 1:00 Soft Music 2:00 Hand Massage 3:00 Sensory/Tactile 4:00 Busy Hands 5:00 Set up/Music 7:00 Music/Movie	10:00 Daily Chronicles 10:30 Table Games 11:00 Refreshments 1:00 Soft Music 2:00 Sensory Stimulation 3:00 Snacks 4:00 Busy Hands 5:00 Set up/Music 7:00 MOVIE
10:00 Daily Chronicles 10:30 Tabletop Games 11:00 Refreshment's 1:00 Soft Music 2:00 Mass 3:00 Sensory/tactiles 4:00 Crossword 5:00 Set up/Music 7:00 Movie	10:00 Daily Chronicles 11:00 Refreshment's 1:00 Soft Music 2:00 Manicures 3:00 Coloring 4:00 Puzzles Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	10:00 Daily Chronicles 10:30 Mass 11:00 Rosary 1:00 Soft Music 2:00 Board Games 3:00 Table Games 4:00 Table Finger 5:00 Set Up/Music 7:00 Movie	10:00 Daily Chronicles 10:30 Let get Moved 11:00 Refreshment's 1:00 Soft Music 2:00 Memory Games 3:00 Sensory/Tactile 4:00 Trivia 5:00 Set Up/Music 7:00 Movie	10:00 daily chronicles 10:30 Mass 11:00 Rosary 1:00 Soft Music 2:00 Noodle Ball 3:00 Games Hour 4:00 Story Telling 5:00 Set Up/Music 7:00 Movie	10:00 Daily Chronicles 10:30 Sit and Be Fit 11:00 Refreshment's 1:00 Soft Music 2:00 Hand Massage 3:00 Pretty Nails 4:00 Sensory/Tactile 5:00 Set Up/Music 7:00 Movie	10:00 Daily Chronicles 10:30 Table Games 11:00 Snacks 1:00 Soft Music 2:00 Table Ball 3:00 Soft Music 4:00 Sensory Stimulation 5:00 Set Up/Music 7:00 Movie
10:00 Daily Chronicles 10:30 Tabletop Games 11:00 Massage 1:00 Soft Music 2:00 Mass 3:00 Card Games 4:00 Social Hour 5:00 Set Up/Music 7:00 Movie	10:00 Daily Chronicles 10:30 Coffee Cart 11:00 Refreshment's 1:00 Soft Music 2:00 Manicures 3:00 Coloring 4:00 Puzzles 5:00 Set Up/Music 7:00 Movie	10:00 Daily Chronicles 10:30 Mass 11:00 Rosary 1:00 Soft Music 2:00 Dominos 3:00 Table Games 4:00 Trivia 5:00 Set Up /Music 7:00 Movie	10:00 Daily Chronicles 10:30 Sandbag 11:00 Sit and Fit 1:00 Soft Music 2:00 Fancy Nails 3:00 Walk We Me 4:00 Busy Hands 5:00 Set Up/Music 7:00 Music	10:00 Daily Chronicles 10:30 Mass 11:00 Rosary 1:00 Soft Music 2:00 Table Bowling 3:00 Busy Hand Fest 4:00 Snacks 5:00 Set Up/Music 7:00 Movie	10:00 Daily Chronicles 10:30 Sit and Get fits 11:00 Refreshment's 1:00 Soft Music 2:00 Hand Massage 3:00 Busy hands 4:00 Brian Games 5:00 Set Up/Music 7:00 Movie	10:00 Daily Chronicles 10:30 Table Games 11:00 Snacks 1:00 Soft Music 2:00 Hand Massages 3:00 Memory Games 4:00 Short Story 5:00 Set Up/Music 7:00 Movie
10:00 Daily Chronicles 10:30 Get Fit 11:00 Refreshment's 1:00 Soft Music 2:00 Mass 3:00 Table Games 4:00 Games 5:00 Set Up 7:00 Movie	10:00 Daily Chronicles 10:30 Stretching 11:00 Trivia 1:00 Oct/Trivia 2:00 Massages 3:00 Coloring/Puzzles 4:00 Games 5:00 Set Up/Music 7:00 Movie	10:00 Daily Chronicles 10:30 Mass 11:00 Rosary 1:00 Soft Music 2:00 Parachute 3:00 Puzzles 4:00 Remembrance 5:00 Set Up/Music 7:00 Movie	10:00 Daily Chronicles 10:30 Chair Exercises 11:00 Refreshment's 1:00 Brain Exercises 2:00 Ballon Toss 3:00 All About Me 4:00 Busy Hands 5:00 Set Up/Music 7:00 Movie	10:00 Daily Chronicles 10:30 Mass 11:00 Rosary 1:00 Soft Music 2:00 Ballon Toss 3:00 Chair Exercises 4:00 Snacks 5:00 Set Up/Music 7:00 Movie	10:00 Daily Chronicles 10:30 Table Games 11:00 Snacks 1:00 Soft Music 2:00 Sensory Table Games 3:00 Favorite Story 4:00 All About Me 5:00 Set Up/Music 7:00 Movie	10:00 Daily Chronicles 10:30 Table Games 11:00 Snacks 1:00 Soft MUSIC 2:00 Sensory Stimulation 3:00 Memory Gasmes 4:00 Busy Hands 5:00 Set Up/ Halloween

ST MARYS HEALTH CARE MEMORY CARE UNIT 3 ACTIVITIES ARE TO SUBJECT TO CHANGE TO MEET THE NEEDS OF OUR RESIDENTS