

If you're considering a move, learn more about St. Mary Health Care Center and schedule a tour of our community at [stmaryhc.com](http://stmaryhc.com).

39 Queen Street  
Worcester, MA  
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## Why St. Mary Health Care Center

### Safe, Secure Living Community

Our facility is designed with the safety and comfort of our residents and families in mind. Whether your loved one needs rehabilitation therapy after a hospital stay, help with memory care or medication management, our team offers compassionate, personal care so you have peace of mind.

### Support for Daily Activities

Some older adults find daily activities, like showering or taking medications, increasingly difficult as they age. In our community, trained caregivers are there to ensure your loved one has the support and assistance they need.

### Delicious, Healthy Dining Options

Our nurturing dietary team tailors meals to the specific needs and medical conditions of each resident. We offer meals for those who have difficulty swallowing or those who need low-salt options and monitor diets to be sure our residents receive important nutrients and calories to maintain good health.

### Make New Friends

Isolation as one grows older can lead to a decreased quality of life. We offer plenty of activities, including field trips and cultural events, so your loved one can socialize with peers.

### Meet Your Spiritual Needs

As an organization with deep roots and a rich Catholic history, our team is committed to caring for the whole person, including the emotional and spiritual needs of all our residents. We are here to offer support and guidance that honors the traditions of each family.

### Provide Support and Respite for Caregivers

Caring for a loved one and balancing other responsibilities is taxing for caregivers. Our team is devoted to the care of frail older adults. Our geriatric health experts work closely and collaboratively with each resident and their family members. We design a personal care plan for everyone that includes support for family members.

### Caring, Committed Staff

Our team of knowledgeable, trained professionals and caregivers will be with you every step of the way. We care about you and will treat you as a member of our family.

*St. Mary* Health Care Center  
A Member of Covenant Health

